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OCTOBER 2023 ISSUE

REMEMBERING LINDA MOORE



As many of you have already heard, we lost our dear friend and colleague Linda Moore on September 8. Linda

became part of the TCU community in 1977 and served on the social work faculty until her retirement in 2016. Many of us worked with her in a variety of ways over her 39 years at TCU as she gave her time and her gifts to both her colleagues and her students. Even after her retirement PRESIDENT'S COLUMN

she continued as part of the TCU community and served as the TCU Retirees Association president during the pandemic.

But Linda was much more than the list of accomplishments on her vitae or in her obituary. Linda was our friend. She was a colleague I would turn to when I had an adult student who needed guidance. She would listen to me rant on a variety of issues and keep my rantings confidential, protecting me from the consequences of my big mouth. And Linda was good at gently twisting an arm or two if she thought it was needed. If you've wondered how Pat Miller and I became Retiree Association presidents, you can thank Linda and her incredibly persuasive manner.

It's people like Linda who draw us together, even in retirement, and help us maintain our connections with the TCU community. Although she could not be with us physically over the past few years she was always with us in spirit. And her memory will continue to be with us.

We'll gather again at our next retirees' lunch on October 17th. I hope you'll continue the connection with each other. There'll be a place for you.

A LEGACY OF SERVICE TO TCU

Linda Moore, who, as president, effectively guided TCURA through the pandemic, passed away September 8. Linda was the second employee hired in the TCU Social Work program, where she worked from August 1977 until her retirement in December 2016. She began the Academic Services program in the Athletic Department in the early 1980s and continued advising student athletes during retirement.

A native of Pennsylvania, Linda received a bachelor's degree from Eastern Baptist College, a master's degree from Virginia Commonwealth University, and a PhD from Texas Women's University. She was pivotal in the development and accreditation of a new MSW program at TCU.

Those who wish to donate to the Linda Moore Scholarship in Social Work at TCU in Linda's memory may do so by sending a check to TCU University Advancement, TCU Box 297044, Fort Worth 76129, or use a credit card by calling the TCU University Advancement Giving Line, 817-257-7800.



LINDA MOORE

MARK YOUR CALENDAR

OCTOBER 17: DR. CHARLOTTE HOGG

TCU Professor of English Dr. Charlotte Hogg will speak on "Beyond #BamaRush: How Belonging Happens in White Sorority Recruitments," based on her forthcoming book, *White Sororities and the Cultural Work of Belonging*. Dr. Hogg specializes in rhetoric & composition, women's rhetorics, rural literacies, and creative nonfiction. She is the author of *From the Garden Club: Rural Women Writing Community* and co-author of *Rural Literacies* with Kim Donehower and Eileen Schell. They also co-edited *Reclaiming the Rural: Essays on Literacy, Rhetoric, and Pedagogy*, and with Shari Stenberg, she co-edited *Persuasive Acts: Women's Rhetorics in the Twenty-first Century*. Her writing has appeared in *The Washington Post, Inside Higher Ed*, and a number of academic and creative journals. She is currently the Director of Composition at TCU, overseeing the two writing courses in TCU's Core Curriculum at the heart of TCU's liberal arts education.

TIME/LOCATION/PARKING - We will begin at 11:30 am in the ballroom of the Dee J. Kelly Alumni & Visitors Center. Parking is available in the Kelly Center lot or the adjoining visitors parking garage.

REGISTER TO ATTEND - A buffet lunch is provided for \$15. Please register a week in advance on the TCURA website (https://tcura.tcu.edu). **Newly retired TCURA members attending their first meeting will get a complimentary lunch!



2023-2024 MEETINGS

Tuesday, October 17 Tuesday, November 14 Tuesday, December 12 Tuesday, January 16 Tuesday, February 20 Tuesday, March 19 Tuesday, April 16 Tuesday, May 21

WHAT'S UP IN HEALTHCARE DRUG COSTS?

BY: ROBIN SCRUTON

The cost of prescription drug cost seems to always be on the rise. The following tips will help us all to be savvy consumers when we make our next trip to the pharmacy.

Get familiar with the Inflation Reduction Act of 2022

Signed into law on August 16, 2022, the Act includes provisions to lower prescription drug costs for individuals with Medicare:

- Drug companies that raise their drug prices faster than the rate of inflation must pay Medicare a rebate discouraging unreasonable price increases by drug companies beginning in 2023.
- Limit monthly cost sharing for insulin to \$35 for people on Medicare beginning in 2023.

- The Act amends the design of the Part D benefit. Beginning in 2024, the law eliminates the five percent beneficiary coinsurance requirement above the catastrophic coverage threshold, effectively capping out-of-pocket costs at approximately \$3,250.
- Further delay in implementation of the Trump Administration's drug rebate rule beginning in 2027, delaying implementation of the rebate rule until 2032. The rule would have eliminated rebates negotiated between drug manufacturers and pharmacy benefit managers or health plan sponsors in Medicare Part D.

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WHAT'S UP WITH HEALTHCARE DRUG COSTS?

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Ask for the Cash Price

Drugmakers, insurance companies, and pharmacies make a lot of money by not telling you that paying cash may be cheaper.

To Co-Pay or Not to Co-Pay

If you are obliged to foot the flat copay fee, you could be paying \$15 for a\$10 prescription. If your deductible is high, you might end up paying for the prescription out of pocket anyway. The pharmacies will automatically ask for your insurance. Always do the math before you reach for your insurance card – ask what it will cost to pay without using your insurance.

Join the Club

Do not assume that prices are the same everywhere. They are not. A study by Consumer Reports found that stores such as Sam's Club and Costco were consistently cheaper than "brand name" drug stores like Rite Aid and CVS.

Consider Generics

Ask your physician if there is a generic version to try. Keep in mind that for some people, generic versions of specialty drugs may not be as effective.

Utilize Coupons and Discount Sites

GoodRx and SingleCare are two wellknown companies that offer coupons and discounts.

In Memoriam

George W. Joe College of Science and Engineering's Behavioral Research Program *August 24* Linda Moore Department of Social Work September 8 Derrelynn Perryman Department of Social Work September 12



TCURA 2023-2024 EXECUTIVE COUNCIL: CONTACT INFORMATION

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TCURA MISSION STATEMENT

The TCU Retirees Association exists to provide opportunities for fellowship, to promote lifelong learning, to advocate for fair benefits, to recognize the accomplishments of its members, and to strengthen the relationship between the retirees and the University.

SEPTEMBER LUNCHEON



1. Among the new retirees attending the September luncheon were Cindy Coffin, John and Cordelia Owings. Other new retirees attending their first luncheon were Gale Hague, Ted Legatski, Lana Maples, Bill Moncrief, David Muzzy and Steve Sherwood.



SEPTEMBER LUNCHEON HANDOUTS

Karen Cone, business development director for Brookdale Senior Living in Fort Worth, spoke on "Why Purpose Matters" at the September 19 TCURA meeting. Karen has been with Brookdale since 2005. She serves as a bridge between Brookdale and other professional partners, such as medical groups, churches, Area Agency on Aging, etc. To view the handouts from Karen's presentation, please click the links below:

Power 9 Blue Zones Lessons

The Purpose Checkup



VOLUNTEER OPPORTUNITY

Reading Partners of North Texas is seeking volunteers to read to children once a week. For more information and/or to sign up, go to:

https://readingpartners.org/volunteer/

UPCOMING TCU EVENTS

CLICK THE IMAGES BELOW FOR DETAILS AND INFORMATION.





HORNED FROG HOME@MING 2023

HEADLINES OF INTEREST

KEY TCU NEWS TO KEEP YOU INFORMED





Texas Christian University's enrollment for fall 2023 increased 4.2% overall to 12,785. This includes a 3.7% increase in undergraduate students to 10,915 and a 6.9% increase in graduate enrollment to 1,870. All numbers are in comparison to fall 2022. Retention numbers were once again very strong with TCU retaining first-time-in-college students at a rate of 94.3%. This is even higher than the 91.7% achieved in 2022 and the 91.3% achieved in 2021. *CLICK FOR MORE...*



TCU RANKS IN U.S. NEWS & WORLD REPORT TOP 100 FOR 14TH CONSECUTIVE YEAR

U.S. News & World Report ranked Texas Christian University a top 100 national university for the 14th year in a row. The university was further recognized in the top 100 for its business, engineering and nursing programs and also cracked the top list for Best Value Schools. "We are pleased to see TCU recognized for its incredible learning environment and an unmatched student experience," Chancellor Victor J. Boschini, Jr. said. "I commend our amazing students, staff and faculty who have built our strong community of learners and our teacher/scholar model." *CLICK FOR MORE...*





TCU'S 150TH YEAR TO FEATURE SONNY DYKES AS PARADE OF LIGHTS GRAND MARSHAL

In honor of TCU's Sesquicentennial, head football coach Sonny Dykes will serve as the grand marshal of the 2023 Parade of Lights Nov. 19 in downtown Fort Worth. TCU's 150th year has been devoted to celebrating the positive impact of Horned Frog alumni, students, faculty, staff and other leaders in the Fort Worth community, across the country and across the globe. "TCU is proud to sponsor the Grand Marshal float in recognition of the community and people that have supported TCU's mission for 150 years," Chancellor Victor J. Boschini, Jr., said. "Coach Dykes is a great representation of the Horned Frog spirit and we are proud he will lead the beloved Parade of Lights." *CLICK FOR MORE...*

MARY UHL-BIEN HONORED WITH LIFETIME ACHIEVEMENT AWARD BY THE ACADEMY OF MANAGEMENT

Mary Uhl-Bien, the BNSF Railway Endowed Professor of Leadership and newly named chair of TCU Neeley's Management and Leadership department, received a lifetime achievement honor from the Academy of Management. She was recently presented with the Network of Leadership Scholars 2023 Eminent Leadership Scholar Award."It is a thrill as this is the highest honor in my profession," Uhl-Bien said. "When I started out, my goal was to make a difference in leadership. There have been many twists in the subject over the years, including COVID, and I feel honored to do research in this area for as many years as I have." *CLICK FOR MORE...*