

## TCU RETIREES' NOVEMBER LUNCHEON

# From the White House to the Pond

November's TCURA meeting will be Tuesday, November 13, at 11:30 in the Cox Ballroom of the Kelly Center.

The November speaker will be Adrian Andrews, who serves as TCU's first Assistant Vice Chancellor for Public Safety. In his position for just over one year, Andrews is responsible for overseeing emergency management, police, shuttle and transportation and public safety at TCU.

Prior to joining the team at TCU, Andrews was a 28-year veteran of the United States Secret Service. As a child, he was fascinated by the men who were standing nearby President Jimmy Carter to protect him and later decided he wanted to be a part of that team.

Andrews was born into a military family in Oklahoma City and grew up in Alaska, Virginia and Michigan. He was a high school football player and received a scholarship to play at Central Missouri State University, where he earned a degree in Criminal Justice and a Master's in Criminal Justice Management.

He moved back to Oklahoma after his graduate degree to work as an



**ADRIAN ANDREWS**

intake counselor at the Tulsa Juvenile Court for three years. In 1989, he was hired by the U.S. Secret Service.

From 1996-2001, he was a member of President Bill Clinton's advance team. He traveled as a non-commissioned officer and No. 1 in the group. He also trained agents going out to lead advances. In addition, he has worked fraud and investigative cases, and counter-assault to handle threats and terrorist attacks.

After three years in Dallas, he returned to the Washington D.C. area to be on Vice President Dick Cheney's detail for two years. In 2008, he was promoted to Special

Agent in Charge in Oklahoma City to run an office of 20 agents.

He has worked in dozens of emergency situations, including serving as the incident commander for a devastating tornado in Oklahoma in 2005. Since 2015, he has been second in command, assistant special agent in charge, of 90 field agents in Dallas.

Join us November 13, for what should prove to be a fascinating meeting!

**PLEASE NOTE: This is the SECOND Tuesday of the month. For both November and December, the meetings will be held on the second Tuesday due to the holidays.**

**ALSO NOTE: Reservations for the November meeting are due Monday, November 5, so please RSVP as soon as possible online at [tcura.tcu.edu](http://tcura.tcu.edu) or by contacting Joan Yates at [j.yates@tcu.edu](mailto:j.yates@tcu.edu) or 817-292-7087.**

**LUNCHEON  
DATES**

**NOV 13  
DEC 11  
JAN 15**

**FEB 19  
MAR 19  
APR 16**

**MAY 21**

PRESIDENT'S COLUMN

# Structure and Purpose

At the recent biennial meeting of the Association of Retirement Organizations in Higher Education (AROHE) that Vice President Julie Baker and I attended in Atlanta, the closing speaker said that the most important words in retirement are structure and purpose. This really hit home with me as, after many years not working, I've started a part-time job with a non-profit organization near and dear to my heart. The structure now imposed on my somewhat lazy daily routine and the sense of purpose derived from doing my small part to impact young people has transformed my life in positive ways. I hope that each of you has found your own structure and purpose in your retirement, even to the point that you wonder how you ever found time to work!

While the speaker was referring to retired individuals, the same can be applied to retirement organizations (RO's). We have a structure that seems to work well for our



*Julie Baker and Janet George Herald*

organization, and we have a purpose (mission) "to provide opportunities for fellowship, to promote lifelong learning, to advocate for fair benefits, to recognize the accomplishments of its members, and to strengthen the relationship between retirees and the University." But can we do more?

Julie and I attended different break out sessions presented by representatives from other schools and both came away from the meeting with some ideas that might be worth

exploring for TCURA. Two themes surfaced for us: 1) service to TCU and the community and 2) how to be more involved in pre-retirement and transition planning for colleagues approaching retirement age. We will begin these conversations at our November Executive Council meeting. Stay tuned.

There are now over 200 retirement organizations at colleges and universities, a small number considering the total count of 4-year and research institutions in the U.S. Sixty-four schools, many large public universities, were represented at the meeting and, of those only 16 were private. TCU was the only school from Texas. Some RO's are faculty (or emeriti) only, and some, like TCURA, include both faculty and staff. As for me, I'm glad that 35 years ago our founders chose to make our group inclusive. It fit the collegial culture of TCU then and still does today.

## TCU RETIREES' ASSOCIATION EXECUTIVE COUNCIL 2018-2019\*

TERMS OF OFFICE END MAY 2019.

<p><b>Officers</b></p> <p><b>President</b> Janet George Herald 817-360-1061 jgherald@gmail.com</p> <p><b>Vice President</b> Julie Baker 817-938-6318 j.baker@tcu.edu</p> <p><b>Secretary</b> Donna Johnson 817-927-4620 d.m.johnson@tcu.edu</p>	<p><b>Treasurer</b> Wendy Crowley 817-657-6687 wencro@aol.com</p> <p><b>Past President</b> Larry Adams 817-926-7314 or 817-965-6655 cell l.adams@tcu.edu</p> <p><b>Other Council members</b> <b>UCAC representative</b> Linda Moore 817-924-5330 l.moore@tcu.edu</p>	<p><b>Membership Chair</b> Richard Sybesma 817-343-1547 r.sybesma@tcu.edu</p> <p><b>Communications Chair</b> Chuck Lamb 817-939-5715 c.lamb@tcu.edu</p> <p><b>Health and Wellness Chair</b> Stan Hagadone 972-393-8688 or 214-8937551 cell j.hagadone@tcu.edu</p>	<p><b>Representatives-at-Large</b> <b>Development Coordinator</b> Paul Hartman 766-720-5777 paul.hartman@tcu.edu</p> <p><b>Bridge Committee Representative</b> Kirk Downey 972-863-3628 or 214-632-0314 Cell k.downey@tcu.edu</p>	<p><b>Membership List Master</b> Judy Groulx 817-366-5333 j.groulx@tcu.edu</p> <p><b>Newsletter</b> Nancy Madsen, Editor 817-938-4341 n.madsen@tcu.edu</p> <p>TCURA email address: tcura@tcu.edu</p>
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## SUPPORT TCURA ON TCU GIVES DAY

TCU's Office of Loyalty Giving has chosen Thursday, November 8 for the fifth annual "TCU Gives Day." Bill '65 and Mary '63 Haley have promised a contribution of \$50,000 to TCU if the university receives 2,000 gifts on that day. Gifts of any size and designated for any purpose will count toward the goal.

"This is a great opportunity to help grow your TCURA and

simultaneously help the university," Paul Hartman, Development Coordinator for the association, said. "Your tax deductible contribution supplements our modest budget and expands TCURA's ability to provide programs and services for retirees.

The ways gifts to TCURA are used include supporting printing and mailing costs, honoraria for speakers and entertainers, and moderating the

costs of luncheons.

Last year retirees gave more than \$1,000 in gifts to TCURA. Check the TCU Gives Day website, [tcugivesday.tcu.edu](http://tcugivesday.tcu.edu), for additional details. Gifts sent either by mail or online may be made to TCU, noting their designation for TCURA and for TCU Gives Day.

## JOIN US FOR A DOCENT-LED TOUR OF THE FORT WORTH MODERN ART MUSEUM

We are excited to announce a docent-led tour of Fort Worth's Modern Art Museum. The special exhibit we will see is Laurie Simmons: Big Camera/Little Camera.

This exhibit presents a major survey of works by Laurie Simmons (American, born 1949), organized by Andrea Karnes, senior curator, with full support of the artist. This exhibition will showcase the artist's photographs from 1976 to the present,

a small selection of sculpture, and two films.

Simmons's career-long exploration of archetypal gender roles, especially women in domestic settings, is the primary subject of this exhibition and is a topic as poignant today as it was in the late 1970s, when she began to develop her mature style by using props and dolls as stand-ins for people and places. Often isolating the dolls

and photographing them situated in tiny, austere settings, Simmons uses fictional scenes to make observations about real life. These works are now iconic of her career.

The namesake image for this exhibition, Big Camera/Little Camera, 1976, from the series Early Black & White, shows an actual camera juxtaposed with a miniature camera, which exemplifies Simmons's other central interest: manipulating scale. "I put the two cameras together for scale," Simmons explains, "and as a metaphor—real life versus fiction. It was also a statement about what I intended to do with the camera."

### Details:

**Date:** Friday, November 16

**Time:** 3:30-4:30 pm

**Place:** Meet in the atrium at the Fort Worth Modern Art Museum

**Cost:** \$0

**Reservations:** Please make your reservations (see below) by 5:00 pm on November 8th.

Please sign up on the TCURA website ([tcura.tcu.edu](http://tcura.tcu.edu)). You can also sign up by emailing me at: [j.baker@tcu.edu](mailto:j.baker@tcu.edu), or calling: 817-938-6318.



# LAURIE SIMMONS

## BIG CAMERA/LITTLE CAMERA

COLUMNIST NANCY MADSEN

# Insurance Open Enrollment for 2019

Is the annual enrollment period for insurance on your radar? The time is upon us. Below is general information on the different insurance plans and enrollment periods.

## **Via Benefits Participants:**

The Medicare Annual Enrollment Period for Medicare Advantage plans and Prescription Drug plans runs from October 15 through December 7, 2017. Contact Via Benefits at 1-888-429-8490 if you want to explore 2019 Medicare coverage options. It is a great time to review your Prescription Drug plan with a Via Benefits Benefit Advisor to determine if a change is needed for 2019. Important: Please be sure that any changes in your

Medicare plans are handled through Via Benefits. Enrollment in a Medigap (Medicare Supplement) or a Medicare Advantage plan through the Via Benefits platform is required to maintain your Health Reimbursement Account.

## **Under 65 Retiree Medical:**

Open Enrollment for retirees under the age of 65 who participate in the TCU medical plan runs from October 26 through November 9, 2018. You will NOT need to submit an enrollment form unless you want to change your coverage. Information from Human Resources was mailed to your home mailbox the week of October 22nd.

## **Dental and Vision:**

Open enrollment for dental and vision plans is October 26 through November 9, 2018. No action is required of you unless you wish to make changes to your current coverage. You should have received information from Human Resources in your home mailbox in late October. Premiums on the TCU Dental and Vision plans are not changing in 2019.

As always, contact Tracy in Human Resources at 817-257-5017 if you have questions or concerns.

For more information regarding Medicare benefits, see Carolyn Cagle's article on Medicare below.

COLUMNIST CAROLYN SPENCE CAGLE PHD, RNC-E

# Health Help Now

## **Taking Control: Protecting Yourself from the Flu**

It's that time of year again when a preventative flu shot minimizes the risk of becoming ill this winter and spring. NOW is the time to get the flu shot (October) because it takes about 2 weeks to gain enough immunity to "fight off" the flu. Taking the shot is one BIG way to protect yourself as we age and have lower immunity as a result. Medicare fully covers the flu shot as a preventative benefit.

## **Medicare Enrollment is Here: Make a Choice by December 7, 2018!**

Your recent mailbox offerings serve as a "call to action" to make choices for your 2019 health insurance coverage during Medicare Open Enrollment October 15-December 7, 2018. Although your current Medicare policy (basic health insurance, Medigap, or Medicare D) may have met your needs, "looking around" for other insurance options

will inform whether you will continue or change your current coverage for 2019 for the best outcome. View your options in the full article at [tcura.tcu.edu](http://tcura.tcu.edu).

NOTE: Both of these articles are printed in their entirety on the website at [tcura.tcu.edu](http://tcura.tcu.edu).

*If you are interested in writing a column for the newsletter, contact Nancy Madsen at [n.madsen@tcu.edu](mailto:n.madsen@tcu.edu).*

## **WELCOME NEW MEMBERS:**

Recent retirees who attended the October TCURA luncheon included Li-Chou Cheng, Janet Pummill and Harold Leeman.

### ARTS AND ANTIQUES

The Arts and Antiques interest group met for the first time October 23 at the home of Gail and Jack

Davis, and they had a splendid time. If you are interested in attending future meetings, contact Gail or

Jack at [gdavis@twu.edu](mailto:gdavis@twu.edu) or [davis@unt.edu](mailto:davis@unt.edu).

### COOKBOOK COMMITTEE REPORT

The committee is excited that Nutritional Sciences Professor Anne VanBeber's students are in the process of editing our recipes

and adding the nutritional analyses. We are meeting after the November luncheon to start choosing pictures that will be in the cookbook, as well

as refining the theme.

If you have questions about the cookbook, contact Julie Baker at [j.baker@tcu.edu](mailto:j.baker@tcu.edu), or 817-938-6318.

### BRIDGE

The bridge group has been meeting monthly since the summer and would love for others to join us. We are meeting the second Friday

of each month from 1 to 4 p.m. The next meeting will be Friday, November 9, at 1 p.m. at Nancy Madsen's home, 3936 Stonehenge

Road, Fort Worth 76109. Please call or email Nancy at 817-938-4341 or [n.madsen@tcu.edu](mailto:n.madsen@tcu.edu) to let her know if you will be attending.

### COFFEE, BOOKS AND CONVERSATION

Coffee, Books & Conversation will not meet in November, but will meet next on Wednesday, December 5, at 10 a.m. in the library at University Christian Church. The book discussion will focus on "A Bite-Sized History of France" by Stephan Henaut and Jeni Mitchell,

a well-written and researched gastronomic history of the evolution of French cooking, as well as the changes in the history of France that affected its culinary development. This is a change from the original book, "Grant," by Ron Chernow, which will now be discussed at the

January or February meeting.

All retirees are welcome to attend the meeting whether you have read the book or not.

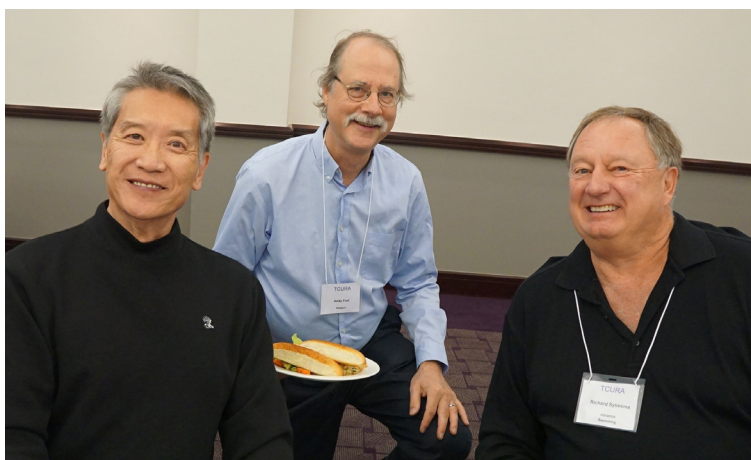
For more information, please contact Judy Smith at 817-921-4798.

### MISSION STATEMENT

The Texas Christian University Retirees' Association exists to provide opportunities for fellowship, to promote lifelong learning, to advocate for fair benefits, to recognize the accomplishments of its members, and to strengthen the relationship between the retirees and the University.



**IF YOU ARE  
INTERESTED IN  
STARTING A SPECIAL  
INTEREST GROUP,  
CONTACT CHUCK  
LAMB AT  
[C.LAMB@TCU.EDU](mailto:C.LAMB@TCU.EDU).**



**Photos from the October TCURA Luncheon (from top left):** 1) Marian Smith and Margaret McWhorter 2) Sterling Lauer and Mary Bailey 3) Jeannie Chaffee, Janet George Herald, Nancy Madsen and Wendy Crowley 4) New member Li-Chou Cheng with Andy Fort and Richard Sybesma 5) Sandy Record, Joan Yates, Susan Oakley and Sharon McAteer with newsletter photographer Deana Ray 6) Political Science Professor Jim Riddlesperger spoke to a packed October TCURA luncheon. 7) Cathie and Bronson Davis with Joan Rogers 8) Leo Munson and new retiree Harold Leeman. *All photos taken by Deana Ray*

#### NOTE

If you do not wish to continue receiving this newsletter, notify the newsletter editor or any of the others listed as contacts here.



#### FIND US ON FACEBOOK

Search "TCU Retirees' Association" in the search line, and filter by groups. Click the "Join" button.