

# Retirees' Newsletter

April, 2017 TCURA established 1983 Volume 37, Number 9

### TCU RETIREES' APRIL LUNCHEON PROGRAM AND PRE-LUNCHEON EVENT

# John Giordano

# Music in Fort Worth, The Symphony and the Van Cliburn Competition

John Giordano, former conductor of the Fort Worth Symphony Orchestra and Jury Chair of the Van Cliburn International Piano Competition, has been a leader in classical music in Fort Worth, the U.S. and internationally for more than forty-five years.

Thus, our speaker has much to share with us about the history and current activities of Fort Worth's classical performing arts.

Giordano is best described as "one of our own." He holds both Bachelor's and Master of Music degrees from TCU and, among other activities, has been a professor of music at TCU. He holds the Doctoral of Musical Arts degree from the University of North Texas. Giordano also studied at the University of California, Eastman School of Music and was a Fulbright Scholar at the Royal Conservatory of Music



Photo from Stage West Theatre

Tuesday, April 25 11:30 a.m. to 1 p.m. Dee J. Kelly Alumni and Visitor's Center

Pre-Luncheon Event 10:30 a.m. in the Justin Board Room of the Center. See story below. Park in the Visitor's Center, Lot 6, unless it is full. Alternate parking in the parking garage between the Kelly Center and Ranch Management buildings is available, courtesy of TCU Police.

For luncheon reservations, contact Becky Roach: rroach40@yahoo.com or 817/926-8824, by Wednesday, April 19<sup>th</sup>. Reservations also may be made on TCURA's website, www.tcura.tcu.edu. If you have any difficulties doing this, contact DeVonna Tinney at d.tinney@tcu.edu.

In making your reservations, please indicate dietary restrictions needed for you or anyone attending with you. Even if you are not eating, please make a reservation but a meal will not be ordered for you. If you are eating, pay \$11 at the door.

Giordano is Music Director Emeritus of the Fort Worth Symphony Orchestra where he served as Director and Conductor from 1972 to 2000. During this time he greatly enhanced the Orchestra and brought stature and recognition both to the ensemble and to the City of Fort Worth. He also served as Jury

Chairman of the Van Cliburn International Piano Competition from 1973 to 2013.

The 2017 Cliburn Competition, widely recognized as one of the world's premier piano events, will be held during May 25-June 10 in the Bass Performance Hall.

Giordano also is the founder of the Fort Worth Chamber Orchestra and Emeritus Director of Fort Worth Youth Orchestra. He was Music Director of the Corpus Christi Symphony Orchestra from 2004 to 2016.

Giordano has served as guest conductor of numerous orchestras both in the U.S. and other countries. He is the recipient of numerous awards for his work in composing and conducting.

In 1996, the trustees of TCU recognized John's lifelong dedication to excellence by naming the piano wing of the Walsh Performing Arts Center in his honor.

### in Brussels.

His career as a versatile musician has spanned such roles as composer and concert saxophonist, orchestra conductor, professor of music, jury chairman of a major international piano competition, the Van Cliburn, and other areas of professional work.

### PRE-LUNCHEON EVENT 10:30 A.M. IN THE JUSTIN BOARD ROOM OF THE KELLY ALUMNI CENTER

The idea for this pre-luncheon event arose from questions asked of Dr. Kendra Belfi at her TCURA presentation on Advance Care Planning.

With the encouragement of TCURA'S Health and Wellness Committee, Belfi invited elder law attorney Karen Telschow Johnson, J.D., to speak prior to the April 25 luncheon.

The speaker is an asset protection attorney who focuses on estate planning and elder law.



A principal and attorney at Telschow Johnson Law, PLLC, she is licensed to practice in Texas and New York.

Johnson is a graduate of Texas A&M University and its School of Law. She belongs

to State Bar College of Texas, an honor society committed to advanced education and training.

Johnson also is a member of the national and state associations of Elder Law Attorneys, the Tarrant County Bar Association and the Tarrant County Probate Bar.

Her community activities include serving on the board of the North Central Texas Chapter of the Alzheimer's Association, member of Brite Divinity's Board of Visitors and President of the Board of Directors for the Parenting Center.

# Ways to help an Aging Parent or Loved One who is in a Care Facility

any of us dread the idea of being in an assisted Lliving or nursing home but sometimes it cannot be avoided. Unfortunately, often when people end up in these facilities they have very few visitors and I often wonder if it is because those they love are uncertain what they can do to help make the person's life better. Those of us in geriatrics, hospice, and palliative care like to talk about making life as good as possible for the days that the person has left. We can do that by focusing on what brings joy to the person. When we teach Respecting Choices facilitators to help people think about future medical decisions, we tell them to ask the person what living well looks like—or alternatively, what would a good day look like for you? What do you enjoy doing?

A friend of mine recently wrote an article on this subject and it reminded me of many of the things which all of us can do to make the rest of someone's life as good and as meaningful as possible.

1) If there are no advance directives in place and the person is still capable mentally of appointing a medical power of attorney and talking about the things she would or would not want



**HEALTH HELP NOW** by Kendra J. Belfi, MD

done if she became ill, see if you can help this happen sooner rather than later. The Conversation Project has many resources on line to help start these conversations in a non-threatening way. (theconversationproject.org)

- 2) Think about and ask about favorite foods which your loved one would still enjoy and arrange to bring some of them in for a special treat if they are not on the usual menu. My husband and I routinely took his mom out to Olive Garden once a week for several years because it was probably her favorite place to go and they always had something on the menu that she liked. It gave her a break from "institutional" food (even though she was in a senior living setting and not a nursing home—it was good to get something different). It also got her OUT.
- 3) Look at her room and ask what she might like to have to personalize

it and brighten it up. Perhaps a throw for the bed or pictures for the wall.

- **4)** To help with conversations: If you have albums of old pictures, scrapbooks from trips, picture books of places your loved one visited in the past, take one with you each time you visit. It will give you something pleasant to talk about.
- 5) Ask about the past. I wish I had had more talks with my Dad about his early life. By the time I realized that was important, it was hard for him to remember. We also now have a stack of old family pictures that have no identifying information on them—because we did not start asking soon enough. Reminiscing is very valuable for the person who is doing it as well as helping form bonds between you and your loved one.

There is actually something called the oral history project which encourages high school students to interview elders. To interview and record these conversations is a rich experience and a wonderful gift to hand down to the younger generations.

I hope these tips will make it easier for you to visit your friends and family who are no able to live at home and will also help those who will be doing the same for you in the future.

### **COFFEE, BOOKS & CONVERSATION**

Coffee Books & Conversation will meet on Wednesday, April 26, at 10 a.m. in the library at University Christian Church. We will review Tim Madigan's book, "Every Common Sight." Tim Madigan was our speaker at the March Retirees' luncheon, and a description of this book was in the last newsletter.

Although participants generally choose the books, due to newsletter deadlines, a book and date have been chosen for our next meeting.

All retirees are welcome whether you have read the book or not.

- Judy Smith . 817-921-4798.



### **TCURA MEETINGS & EVENTS**

### May 16 Reel Aging movie

"Away From Her," 10 a.m. Justin Board Room of the Kelly Alumni Center.

### May 23 Luncheon

"The Role of Public Schools in Today's Society" with speaker Dr. Kent Scribner, Superintendent, Fort Worth Independent School District.

### July

Coffee with the Chancellor

# Why Become Involved In The TCU Retirees' Association?



PRESIDENT'S COLUMN
Stan Hagadone

n Thursday, April 20, Janet George Herald and I will be attending an event with which I assume most of you have some familiarity. I am speaking of the annual Retirement and Recognition Service that will be held in the BLUU ballroom beginning at 3 p.m.

During my years on campus I made it a point to attend this event every spring. Usually, I had friends and colleagues who were being recognized, but even if not I enjoyed applauding the service of those I knew only by name or face and even those I knew not at all but whose work had made a measurable contribution to the life of the university.

If your schedule permits, please feel free to join us for this occasion. At the invitation of the Chancellor, I'll be making some brief remarks on behalf of the TCURA and Janet and I will be distributing copies of our brochure to the new retirees. Come join us. Perhaps you'll see someone you know and can extend a personal invitation of your own.



### **Spencer Hays**

1937 – Mar. 2, 2017

TCU Emeritus Trustee Spencer Hays was a New York and Nashville, Tennessee businessman who served on the University's Board of Trustees from 1987 to 2003.

Born in Oklahoma, Hays grew up in Texas where in high school he met the woman who became his wife of 60 years. Newly married and a freshman at TCU, Hays first came to Nashville in 1959 to sell books for Southwestern in the summer. After graduation from TCU, he was employed by that company and became its CEO. At his death he was executive chairman of the company that had been founded in 1855.

Always appreciative of fine clothes, in 1966, Hays founded the Tom James Co. selling quality clothing to men in their homes and offices. Today, the Individualized Apparel Group has 16 companies.

Although known for his work ethic and business principles, Southwestern executives said of Hays that he always considered himself as a salesman. His "core principles," colleagues said were "Set really big goals, have really, really good self-talk and hold yourself accountable."

Hays is also known for his encouragement and generous treatment of individuals and of special projects such as Safe Haven Family Shelter in Nashville.

In October 2016 Hays and his wife Marlene gave the estimated \$381-mil-

lion dollar collection of art in their home to Museé d'Orsay in Paris. Each received the Legion of Honor badge from France.

Having said he wanted to work until his last day, Hays truly did. On Monday in New York, he attended a business meeting with partners and on Tuesday he died of a brain aneurysm. (A source for information included here is from Jessica Bliss, USA Today Network, Tennessee, published March 2, 2017 and updated March 6, 2017.)

For more information, see James R.
Hagerty's obituary of Hays on page A11 of the
April 11-12 *Wall Street Journal*.

### **Robert Lusch**

1949 - Feb. 23, 2017

Dean of the M. J. Neeley School 2000-2004 Robert Lusch lost a long-time bout with cancer leaving a legacy of published journal articles and awards recognizing his entrepreneurship, marketing strategy and organizational performance. He held a University Distinguished Professorship at TCU in 2000.

His 1975 doctorate in Marketing and Accounting was from the University of Wisconsin-Madison.

In 2013 Lusch received the American Marketing Association (AMA)/
Irwin/McGraw-Hill Distinguished
Marketing Educator Award. In 2010 he received the Sheth Foundation/AMA
Journal of Marketing award, in 2009 the AMA's IOSIG Award. Two other special awards are AMA's "Innovative Contributions to Marketing Career Award in 2006 and the AMA's H.
Maynard Award for Most Significant Theoretical Contribution in Marketing in 2004.

(Source for information is the Eller Department of Marketing, The University of Arizona.)

# Still time to make a contribution or gift to TCURA

Time is running out on your opportunity to make a 2016-2017 contribution to the work of the TCURA. All you have to do is send a check to: Texas Christian University.

Attention: Office of Loyalty Giving TCU Box 297440 Fort Worth, TX 76129

In the memo please be sure and write "TCU Retirees' Association."

In our May newsletter we will acknowledge those who have made gifts since the beginning of the calendar year.

### **NEW TCURA MEMBERS**

"New TCURA Members" is a new feature for the newsletter and includes retirees and occasionally some associate members.

Look for these folks at the April luncheon.

Vicki Bailey Wayne Barcellona Claudia Camp Randal Cobb Andy Fort **Bob Greer** Melody Johnson **Gail Jones** Ann Louden JoeAnn May

Pamela Mulinax-Davis Sue Ott Roger Rainwater Melinda Rubenkoenig Sharon McAteer Mike Sacken Willie Tyler Marsha Williams Sallie Wilmoth



### ACADEMIC CALENDAR

### **Good Friday Holiday**

April 13, Thursday, 10 p.m. classes close. April 17, Monday, 8 a.m. classes resume.

### **Last Day of Spring Classes**

May 3, Wednesday

### Commencement

Saturday, May 17

Times of Colleges' ceremonies differ.

### TCU Retirees' Association Board of Directors 2016-2017

## Officers President Stan Hagadone 972-393-8688 214-893-7551 cell i.hagadone@tcu.edu **Vice President** Larry Adams 817-926-7314

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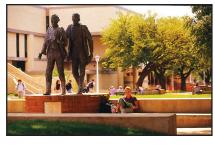
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### MISSION STATEMENT

The Texas Christian University Retirees' Association exists to provide opportunities for fellowship, to promote lifelong learning, to advocate for fair benefits, to recognize the accomplishments of its members, and to strengthen the relationship between the retirees and the University.

### NOTE

If you do not wish to continue receiving this newsletter notify the newsletter editor or any of the others listed as contacts here.

Thank you